B) **IN THE CLAIMS**

1. (Currently Amended) An improved showerhead ~~for receiving a~~and ~~rinsing~~ system~~, wherein the rinsing system has a flexible conduit, said showerhead~~ comprising:

a hollow outer casing having a first end and a second end~~,~~;

an inner casing mounted within said outer casing such that a flow cavity is defined therebetween, said inner casing defined by a first end, a second end and an inner cavity disposed between the first end of the inner casing and the second ~~ends~~ end of the inner casing, said first end of the inner casing having at least one aperture for fluid communication between said flow cavity and said inner cavity, an upstream interior stop shoulder and a downstream interior stop shoulder;~~,~~

a valve runner slidingly contained within the inner cavity of said inner casing, said valve runner defined by a first end, a second end, a first bore extending axially inwardly from the first end, a second bore extending axially inwardly from the second end, and ~~means for sealing the second bore when the valve runner is in a first position within the inner cavity~~, a shoulder towards the second end of the valve runner, the shoulder limiting downstream travel of the valve runner when it contacts the downstream stop shoulder of the inner casing;

a valve runner sleeve covering a portion of the valve runner, the valve runner sleeve comprising a shoulder, the shoulder limiting upstream travel of the valve runner when it contacts the upstream stop shoulder of the inner casing, a first flange and a second flange;

means for ~~constraining said valve runner within said cavity and for~~ receiving ~~the~~ a flexible conduit~~,~~; and

fluid inlet means adjacent the first end of said outer casing, said fluid inlet means in fluid communication with the first bore of said valve runner for supplying fluid to the first bore~~,~~;

wherein said valve runner is operable to slide downstream when influenced by fluid pressure, gravity or a combination of fluid pressure and gravity ~~slidable~~ within the inner cavity ~~from the~~ to a first position in which the shoulder towards the second end of the valve runner contacts the downstream stop shoulder of the inner casing~~means for sealing seats within the inner cavity~~ such that fluid flow is directed from the fluid inlet means, through the at least one aperture in the first end of said inner casing by the first flange, which prevents the flow of water to the second bore and into the flow cavity, to a second position in which the valve runner is pushed upstream by attachment of the flexible conduit to the showerhead such that the shoulder of the valve runner sleeve is in contact with the upstream interior stop shoulder in the inner casing and the second flange prevents the flow of fluid into the inner casing such that fluid flow is directed from the fluid inlet means through said first and second bores of the valve runner and to the flexible conduit.

2. (Cancelled)

3. (Cancelled)

4. (Currently Amended) The improved showerhead of claim 1 including an attachment housing engaged with the second end of said inner casing ~~such that said runner is constrained within the inner cavity of said inner casing,~~ said attachment housing having an axial bore therethrough.

5. (Currently Amended) The improved showerhead of claim ~~1~~ 4 wherein said inner casing further includes a circumferential flange extending outward from the second end of said inner casing, the circumferential flange having apertures therethrough, wherein said flange attaches to the second end of said outer casing.

6. (Currently Amended) The improved showerhead of claim ~~1~~–5 wherein said

attachment housing further comprises means for receiving ~~a rinsing system~~ the flexible conduit such that when the rinsing system is received by the attachment housing, said ~~runner~~ valve runner is urged to the second position.

7. (Cancelled)

8. (Cancelled)

9. (Cancelled)

10. (Cancelled)

11. (Cancelled)

12. (Cancelled)

13. (Cancelled)

14. (Currently Amended) The improved showerhead of claim ~~13~~ 1 wherein the first ~~plug~~ valve runner sleeve flange has a first diameter and the second ~~plug~~ valve runner sleeve flange has a second diameter, the second diameter being greater than the first diameter.

15. (Cancelled)

16. (Currently Amended) The improved showerhead of claim ~~15~~ 1 wherein the ~~plug~~ valve runner sleeve is comprised of a resilient material.

17. (Currently Amended) An improved showerhead for receiving a conduit attachment, said showerhead comprising:

a hollow outer casing having a first end and a second end~~,~~;

an inner casing mounted within said outer casing such that a flow cavity is defined therebetween, said inner casing defined by a first end, a second end and an inner cavity disposed between the first end of the inner casing and second the second ~~ends~~ end of the inner casing, said first end having at least one aperture for fluid communication between said flow cavity and

said inner cavity, an upstream interior stop shoulder and a downstream interior stop shoulder;

a valve runner slidingly contained within the inner cavity of said inner casing, said valve runner comprising ~~defined by~~ a first end~~,~~ and a second end, a first bore extending axially inwardly from the first end and a first bore outlet, a second bore extending axially inwardly from the second end and a second bore inlet, and ~~means for sealing the second bore when the valve runner is in a first position within the inner cavity,~~ a shoulder towards the second end of the valve runner, the shoulder limiting downstream travel of the valve runner by contacting the downstream stop shoulder of the inner casing;

a valve runner sleeve covering a portion of the valve runner, the valve runner sleeve comprising a shoulder, the shoulder limiting upstream travel of the valve runner by contacting the upstream stop shoulder of the inner casing, a first flange and a second flange;

~~means for sealing the at least one aperture of the first end of the inner casing when the valve runner is in a second position,~~

means for ~~constraining said valve runner within said cavity and for~~ receiving ~~the~~ a conduit attachment, and

fluid inlet means adjacent the first end of said outer casing, said fluid inlet means in fluid communication with the first bore of said valve runner for supplying fluid to the first bore,

wherein said valve runner is operable to slide downstream when influenced by fluid pressure, gravity or a combination of fluid pressure and gravity ~~slidable~~ within the inner cavity ~~from to~~the a first position in which the ~~means for sealing seats within the inner cavity~~ shoulder towards the second end of the valve runner contacts the downstream stop shoulder of the inner casing such that fluid flow is directed from the fluid inlet means into the first bore and then out of the first bore through the first bore outlet, through the at least one aperture in the first end of

said inner casing by the first flange, which prevents the flow of water to the second bore and into the flow cavity, to ~~the~~ a second position in which the valve runner is pushed upstream by attachment of the conduit attachment such that the shoulder of the valve runner sleeve is in contact with the upstream interior stop shoulder in the inner casing and the second flange prevents the flow of fluid into the inner casing such that fluid flow is directed from the first bore outlet to the second bore inlet , through ~~fluid inlet means through said first and~~ the second ~~bores~~ bore of the valve runner and ~~to~~ into the conduit attachment.

18. (Cancelled)

19. (Cancelled)

20. (Cancelled)

21. (Cancelled)

22. (Cancelled)

23. (Cancelled)

24. (Cancelled)

25. (Cancelled)

26. (Currently Amended) The improved showerhead of claim ~~25~~ 17 wherein the first plug sleeve flange has a first diameter and the second plug sleeve flange has a second diameter, the second diameter being greater than the first diameter.

27. (Cancelled)

28. (Currently Amended) The improved showerhead of claim ~~27~~ 17 wherein the plug sleeve is comprised of a resilient material.